## FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION

Washington, D.C. 20549 STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP

| OMB APPROVAL |
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| Instruction 1(b                      | )).           | I                        | Filed pursuant to Section 16(a) of the Securities Exchange Act of 193<br>or Section 30(h) of the Investment Company Act of 1940 | 34  |
|--------------------------------------|---------------|--------------------------|---|---|
| 1. Name and Add<br>Engquist Jo       | 1 0           |                          | 2. Issuer Name and Ticker or Trading Symbol<br><u>H&amp;E Equipment Services, Inc.</u> [HEES]                                   | 5. Relationship of Reporting Person(s) to Issuer<br>(Check all applicable)<br>Director 10% Owner<br>X Officer (give title Other (specify                  |
| (Last)<br>C/O H&E EQ<br>7500 PECUE   |               | (Middle)<br>RVICES, INC. | 3. Date of Earliest Transaction (Month/Day/Year)<br>08/02/2022  | below) below)     President & COO   |
| (Street)<br>BATON<br>ROUGE<br>(City) | LA<br>(State) | 70809<br>(Zip)           | 4. If Amendment, Date of Original Filed (Month/Day/Year)  | 6. Individual or Joint/Group Filing (Check Applicable<br>Line)<br>X Form filed by One Reporting Person<br>Form filed by More than One Reporting<br>Person |

## Table I - Non-Derivative Securities Acquired, Disposed of, or Beneficially Owned

| 1. Title of Security (Instr. 3)          | 2. Transaction<br>Date<br>(Month/Day/Year) | 2A. Deemed<br>Execution Date,<br>if any<br>(Month/Day/Year) | 3.<br>Transaction<br>Code (Instr.<br>8) |   | 4. Securities<br>Disposed Of<br>5) |               |         | 5. Amount of<br>Securities<br>Beneficially<br>Owned Following        | 6. Ownership<br>Form: Direct<br>(D) or Indirect<br>(I) (Instr. 4) | 7. Nature of<br>Indirect<br>Beneficial<br>Ownership    |  |
|--|--|---|---|---|------------------------------------|---------------|---------|--|---|--|--|
|  |  |   | Code                                    | v | Amount                             | (A) or<br>(D) | Price   | <ul> <li>Reported<br/>Transaction(s)<br/>(Instr. 3 and 4)</li> </ul> |   | (Instr. 4)   |  |
| Common Stock, par value \$0.01 per share | 08/02/2022                                 |   | F <sup>(1)</sup>                        |   | 943                                | D             | \$34.47 | 58,545   | D   |  |  |
| Common Stock, par value \$0.01 per share | 08/03/2022                                 |   | F <sup>(1)</sup>                        |   | 1,515                              | D             | \$34.65 | 57,030   | D   |  |  |
| Common Stock, par value \$0.01 per share |  |   |   |   |                                    |               |         | 389,261  | I   | By John<br>McDowell<br>Engquist<br>Investment<br>Trust |  |

## Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)

| 1. Title of<br>Derivative<br>Security<br>(Instr. 3) | 2.<br>Conversion<br>or Exercise<br>Price of<br>Derivative<br>Security | 3. Transaction<br>Date<br>(Month/Day/Year) | 3A. Deemed<br>Execution Date,<br>if any<br>(Month/Day/Year) | 4.<br>Transa<br>Code (<br>8) |   | 5. Number<br>of<br>Derivative<br>Securities<br>Acquired<br>(A) or<br>Disposed<br>of (D)<br>(Instr. 3, 4<br>and 5) |     | ate                 | 7. Title and<br>Amount of<br>Securities<br>Underlying<br>Derivative<br>Security (Instr.<br>3 and 4) |       | 8. Price of<br>Derivative<br>Security<br>(Instr. 5) | 9. Number of<br>derivative<br>Securities<br>Beneficially<br>Owned<br>Following<br>Reported<br>Transaction(s)<br>(Instr. 4) | 10.<br>Ownership<br>Form:<br>Direct (D)<br>or Indirect<br>(I) (Instr. 4) | 11. Nature<br>of Indirect<br>Beneficial<br>Ownership<br>(Instr. 4) |  |
|---|---|--|---|------------------------------|---|---|-----|---------------------|---|-------|---|--|--|--|--|
|   |   |  |   | Code                         | v | (A)   | (D) | Date<br>Exercisable | Expiration<br>Date  | Title | Amount<br>or<br>Number<br>of<br>Shares              |  |  |  |  |

## Explanation of Responses:

1. Return of securities to the Company in payment of Reporting Person's tax liability in connection with the vesting of previously issued restricted stock under the Company's Stock-Based Incentive Compensation Plan.

Remarks:

/s/ Leslie S. Magee Attorneyin-Fact

08/04/2022

\*\* Signature of Reporting Person Date

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

\* If the form is filed by more than one reporting person, see Instruction 4 (b)(v).

\*\* Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.

Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. See [ ]